

The 5 Weeks Before Kindergarten-Tips for Parents

5 Weeks Before Kindergarten Starts:

- Walk around the school grounds and play on the playground
- Talk to friends or family who has school-aged children about what you and your child should expect
- Read parent's magazines or books about starting kindergarten

4 Weeks Before Kindergarten Starts:

- Read stories to your child about starting kindergarten
- Have your child practice his or her address
- Review with your child his or her home telephone number

3 Weeks Before Kindergarten Starts:

- Talk with your child about how to behave at school
- Buy school supplies
- Work on other school skills, such as asking for help and using the rest room

2 Weeks Before Kindergarten Starts:

- Talk with your child about meeting the kindergarten teacher
- Discuss meeting and getting along with new classmates
- Begin to practice daily routines, such as going to bed at a new bedtime and getting up and ready in the morning.

1 Week Before Kindergarten Starts:

- Talk about the first day at school
- Discuss the types of work your child might be given in kindergarten
- Talk with your child's new teacher, asking any question you may have and providing her with any helpful information about your child
- Practice getting to school, discussing the rules that are appropriate to your situation (walking to school, taking the school bus, riding with family or in a carpool).

Information provided by the School Readiness Group of Allegheny County, PA